



# You're Trying Too Hard: The Direct Path to What Already Is (Chinese Edition)

*Joey Lott*

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# You're Trying Too Hard: The Direct Path to What Already Is (Chinese Edition)

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**You're Trying Too Hard: The Direct Path to What Already Is (Chinese Edition)** Joey Lott  
Working Hard to Become Spiritually Elite?

Have you ever wondered why you can't find the path to enlightenment? Have you struggled with expensive meditation techniques and special diets, elite teachers, and all manner of other crazy notions just trying to one day, finally, awaken to complete freedom and total peace (perhaps with a hefty dose of bliss as well)?

Stop!

In *You're Trying Too Hard*, Joey Lott explains exactly that--you are trying too hard, and you will never achieve your goals precisely because you already ARE freedom. Stop trying everything under the sun to bring yourself to true enlightenment. Stop searching for wiser, more special teachers. Stop worrying about lineage and ego and diet and the self. Stop everything. Remain only with direct experience, and let true clarity at least reveal itself.

Clarity is the simplicity of being. Clarity is simply seeing what is, as it is.

“Look to direct experience right now. This is absolutely effortless. There is no trying required. Why? Because direct experience is unavoidable. It is what is happening.”

Are you ready? Read this book now, and set foot on the only path to so-called "enlightenment" you will ever need.

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Playing with family within a park, coming to see the coastal world or hanging out with friends is thing that usually you might have done when you have spare time, subsequently why you don't try thing that really opposite from that. A single activity that make you not sense tired but still relaxing, trilling like on roller coaster you already been ride on and with addition associated with. Even you love You're Trying Too Hard: The Direct Path to What Already Is (Chinese Edition), you could enjoy both. It is fine combination right, you still would like to miss it? What kind of hang type is it? Oh can happen its mind hangout fellas. What? Still don't understand it, oh come on its known as reading friends.

#### **Maria Peterson:**

On this era which is the greater man or woman or who has ability in doing something more are more valuable than other. Do you want to become among it? It is just simple way to have that. What you should do is just spending your time not very much but quite enough to have a look at some books. Among the books in the top listing in your reading list will be You're Trying Too Hard: The Direct Path to What Already Is (Chinese Edition). This book which can be qualified as The Hungry Hills can get you closer in turning out to be precious person. By looking way up and review this publication you can get many advantages.

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