



Why Goldfish Never Die

Brian McCully

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Struggling to find your passion? Not sure what to do next on your journey? There is no need struggle any longer. The next step is simple...

Why Goldfish Never Die is a book of non-fiction meditative prose and poetry that explores the evolutionary unfolding of conscious awareness as an experiential phenomenon.

It shows how physical forms persist from one shape to another and through the gradual sophistication of ever-greater design, allow the awakening of self-awareness as an inherent experience that was always meant to be. It observes that consciousness is dynamic, that it evolves – and diminishes - as a sense of knowing and doing sustained and permitted by the integrity and wellbeing of the physical body. It explores the flowering of this experiential realization as a subjective and personal identity, erudite and evocative and yet always determined by the confines and permutations of the physical form that contains it.

It asks too, what remains of life and the experience of knowing that we are here, living in this moment of now, when ultimately, our bodies die? Do we simply disappear, as in a deep and dreamless sleep of no awakening? Or do we survive, our consciousness abiding in some other form - something more lasting to which we remain connected beyond the limitations of physical death and diminution. Is it possible? And could we know such a thing for ourselves intimately and truthfully – not just as something that we're told could happen, but as a fully realized experience of expanded being?

Using the voice of gentle narration, the book guides the reader toward a journey of shared contemplative awakening, a realization of life within and an invitation to explore practices of meditative awareness and conscious relaxation that yield towards an actual experience of altered and enlightened reality. The book will rekindle the passion to believe in all the boundless possibilities that mindful living brings.

It is not faith we need to move mountains; but simply the realization that they were never there in the first place.

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