

# The Breathing Gym (Paperback)

Sam Pilafian and Patrick Sheridan

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## The Breathing Gym (Paperback)

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#### The Breathing Gym (Paperback) Sam Pilafian and Patrick Sheridan

A versatile workout for any musician who wants to start using all of their wind-power. Through careful exercises, Sam and Pat take you through every step along the way that you'll need to producing a larger, deeper, fuller tone on your instrument!



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