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Little Cindy's Letters

Cindy Rogers, Robert Abel



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Cindy Rogers went from anorexia to bulimia, from endless overeater meetings to being bounced around like a ping-pong ball from one diet gimmick to the next. Almost at the point of suicide, Cindy finally discovered true freedom.

Instead of using food to numb her pain, she went back in time to love the hurt little girl from her childhood. She started practicing imagination techniques and writing healing letters to receive the love that she so desperately desired.

Eventually Cindy's religious behaviors turned into a passionate relationship with a compassionate God who knew the depths of her pain. In just seven short months, Cindy was transformed into a woman of extraordinary love — a woman who is now forever free.

Little Cindy's Letters is your complete guide to inner healing. This book will give you the motivation and passion to perform the emotional healing work necessary to accept more of God's love and forgiveness.

Little Cindy's Letters is your guide to be forever free!

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Sarah Luis:

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