



Back to Us: A Couple's Journal of Reconnection and Growth

Raphael Cushnir

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Every great couple knows that a lasting relationship doesn't just happen by chance—it takes work, honesty, and courage. But in the heat of the moment and the stress of our day-to-day lives, where does one begin? *Back to Us* is designed to take couples on a journey that will lead them to a more fulfilling relationship, whether they have been together for five years or fifty. In this elegant and easy-to-use journal, best-selling author and wellness expert Raphael Cushnir brings his signature perspective to a variety of quizzes and introspective journaling prompts. As simple as it is engaging, the process will help couples avoid common relationship pitfalls and provide new ways to explore the great mysteries and truths that are the foundation of any loving relationship.

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