



# Laugh the Blues Away: A Bluefish Cookbook

*Ted Fenton*

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## **Laugh the Blues Away: A Bluefish Cookbook** Ted Fenton

"Laugh the Blues Away" is a cookbook that contains 50 recipes for preparing bluefish in a variety of tantalizing ways: baked, broiled, grilled, roasted, blackened and sautéed to be served as appetizers, soups and main dishes. In addition to the recipes, there are four additional features: 35 delightful, amusing drawings, 25 fishing tips for the bluefish angler, 35 humorous "irreverent comments" and essays about the "Life and Times of the Bluefish, how to keep them fresh, how to store them, and how to smoke them.

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