

## Nonmedication Treatments for Adult ADHD: Evaluating Impact on Daily Functioning and Well-Being

J. Russell Ramsay

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### **Nonmedication Treatments for Adult ADHD: Evaluating** Impact on Daily Functioning and Well-Being

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Presents a comprehensive review of the status of nonmedication interventions available for adults with ADHD. This title covers research on the various treatments discussed. It identifies uses of nonmedical treatments for adult ADHD as a promising field for future research.



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