



Life Without Guilt: Healing through Past Life Regression

Hazel M. Denning

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Have you ever forgotten to call someone? If you did, you probably felt guilty about it and called that person. That freed you of the guilt . . . or did it?

When you have deep-seated guilt, even if you think it has been dealt with, all of your responses to life and to other people are filtered through the guilty feelings. In *Life Without Guilt* by Hazel M. Denning, Ph.D., you'll discover that many people have been able to eliminate their guilt through the technique known as past life regression.

While doing regressions, you can discover that the reason you have kept the guilt is because there are spiritual lessons that you need to learn as a result of those experiences. You will learn in *Life Without Guilt* that by exploring past lives you will be able to learn those lessons, discharge the guilt, and finally be free to really enjoy life.

You will also learn:

- The common causes of guilt
- How to free yourself from unwanted and harmful behavior patterns
- Five axioms that can change your life
- How guilt can be fatal
- How you choose the events in your life to further the evolution of your soul
- Karma and the Golden Rule
- A historical review of reincarnation
- How personality flaws in a past life set the stage for your current life
- "Power thoughts" that you can use to help you let go of your guilt.

Now is the time to break out of the past and have a better, happier life, totally free from guilt. Read *Life Without Guilt*.

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Jeffrey Peak:

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