



Food Politics: How the Food Industry Influences Nutrition and Health

Marion Nestle

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An accessible and balanced account, Food Politics laid the groundwork for today's food revolution and changed the way we respond to food industry marketing practices. Now, a new introduction and concluding chapter bring us up to date on the key events in that movement. This pathbreaking, prize-winning book helps us understand more clearly than ever before what we eat and why.

This book is published by University of California Press.



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