



# The Last Day of Winter: Secrets from the Seasons of Dying

*Pam Umann*

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## **The Last Day of Winter: Secrets from the Seasons of Dying** Pam Umann

If you are seeking a light to guide you through the seasons of loss and death, then *The Last Day of Winter* will help you find compassion, reassurance, and genuine answers to the practical questions that arise when you are caring for a loved one who is dying. Authors Jerry Griffin, an emergency room physician and hospice medical director, and Pam Umann, a medical social worker who specializes in life-threatening illness, both bring years of experience and wisdom to a topic that is often difficult both to face and to discuss openly with those we love. Griffin and Umann focus on helping the patient, the patient's family and friends, and the patient's caregivers by exploring the needs of the terminally ill patient. *The Last Day of Winter* will educate you about potential barriers you may encounter while either providing or receiving needed care and support. Personal stories of triumph, isolation, fear, and grief are shared-equipping you with the knowledge that you are not alone on your journey. *The Last Day of Winter* will help you understand the importance of the relationship between you and the cycle of life-and between you and your loved one as you face the last day of winter together.

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