



# **Hypnotize Yourself to a Worry-Free Life: America's #1 Self-Hypnosis Coach (Made for Success Collection)**

*Crystal Dwyer*

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*Crystal Dwyer*

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**Take control of your own life and health now using the power of your own mind!**

A lot of people wonder, "Can I be hypnotized?" The truth is EVERYONE can be hypnotized. Here America's #1 self-hypnosis coach, Crystal Dwyer, coaches you through your own hypnotic experience to create amazing shifts and breakthroughs in your life.

This special audio set is designed to tackle all areas of stress and worry from anxiety, to insomnia, and even stress related health issues.

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