



How to Cook Fish

Olive Green

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Myrtle Reed was an American poet, novelist, and journalist, but when she wrote about cooking, she used the pseudonym Olive Green. Olive Green wrote a series of cookbooks including *What to Have for Breakfast*, *How to Cook Meat and Poultry*, *One Thousand Salads*, *One Thousand Simple Soups*, and the popular *How to Cook Fish*.

How to Cook Fish is a must-have for the novice or serious cook. Green begins with the basics; the first chapter explains how to go about catching unshelled fish, and the second chapter details what fish are in season at what time. Learn how to season fish with fresh-made bouillons instead of those dry packaged seasonings in chapter three, and peruse one hundred different sauce recipes to complement your catch. Green relays the particulars of how to cook individual types of fish including catfish, flounder, perch, snapper, pike, even eel, and provides additional recipes at the end of the book. She gives multiple approaches to cooking halibut, salmon, trout, mackerel, and other fish. Each recipe is unique.

Considered the official treatise on the preparation and consumption of fish, *How to Cook Fish* has remained a standard cookbook on the shelf of many a cook. Her humor and direct counsel is makes this book not only a frequently used resource, but an interesting read, as well.

Title: *How to Cook Fish*

Author: Olive Green, pseudonym for Myrtle Reed

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Peggy Nunes:

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