



Summary: Year of Yes: How to Dance It Out, Stand In the Sun and Be Your Own Person

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Year of Yes: How to Dance It Out, Stand In the Sun and Be Your Own Person | Summary Book Preview: This summary of Shonda Rhimes' book 'Year of Yes': How to Dance It Out, Stand in the Sun and Be Your Own Person gives a chapter by chapter detail followed by an analysis and appraisal of the strengths and weaknesses of the book itself. The book has a main theme of how to be yourself while being more positive in these daily routines and it leads Shona Rhimes, to discover aspects about herself and her natural tendency to say 'no' to new experiences. In an experiment to say 'yes' she realizes she can be a better person, at the same time encircling her career with those around her and consequently, being a happier person altogether. In her book 'Yes of Yes' she lets readers know that if you "step outside yourself" and be more affirmative you will enjoy the benefits of life to the fullest extent. Shona Rhimes is therefore inspired to experiment with a more positive attitude towards the 'yes' approach rather than the usual 'no' which was typical of her daily approach. The main thrust of this work is therefore to become stronger in her own person and find happiness in her own successes. She herself has a humorous or almost funny way of writing as can be seen in her television shows, Grey's Anatomy, Private Practice, Scandal and How to Get Away With Murder. In these shows it becomes apparent that it is almost as though the writer of these works is talking directly to you. These have been the keystone of her success together with her various public appearances and speeches during her 'year of Yes'. During this 'year of yes' it is apparent that her way of writing and personal experiences gained shine through in her novels and shows. Her creativity is responsible for the Shondaland production company where she serves as the writer, creator, and executive producer of her mentioned television shows. Born and raised in Chicago, she studied at Dartmouth College and received a Bachelor's Degree in English and Film studies. Later a Master's Degree at the University of Southern California cleared the way for a two-time appearance in Time Magazine who included her in the 100 most influential people. This is a summary and analysis of the book and NOT the original book This Book Contains: • Summary Of The Entire Book • Chapter By Chapter Breakdown • Analysis Of The Reading Experience Download Your Copy Today

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