



Emotional Intelligence: What Makes a Leader?

Daniel Goleman

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Goleman was the first to identify emotional intelligence as a critical factor in leadership performance and success. He wrote about this succinctly in his best-selling book, *Emotional Intelligence*. His *Harvard Business Review* (HBR) article is the first identifying and analyzing specifically how emotional intelligence is a critical factor in management success and CEO performance. This audiobook provides a core summary of his best seller, as well as focusing on his insights about the importance of a keen emotional intelligence for management and CEO performance.

Goleman identifies and discusses in details the five critical components of emotional intelligence (ei): self-awareness, self-regulation, motivation, empathy, and social skills. Goleman analyzes how executives with strong ei skills make the best managers and CEOs. Coleman provides numerous approaches throughout the audiobook about how to improve the listener's ei.

Key words: Daniel Goleman, HBR, Harvard, Harvard Business School, HBS, emotional intelligence, self-awareness, self-regulation, motivation, empathy, social skills, talents, skills, CEO, executive, manager.

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