



SPIRALIZE Now!: 80 Delicious, Healthy Recipes for your Spiralizer

Denise Smart

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Spiralizing has transformed cooking routines worldwide thanks to the easy-to-use Spiralizer and its simple way to enjoy a fresh, nutritious meal and limit carbs. *SPIRALIZE Now!* provides 80 diverse, delicious and simple recipes for the veteran and first time spiralizers alike.

Find mouthwatering recipes you didn't realize your spiralizer was capable of. Split into sections for light bites, salads, mains, sides and accompaniments, and sweet treats there's something for everyone in this comprehensive cookbook.

Need snack or a side dish? Try your hand at onion bhajis, baked vegetable crisps or Moroccan carrot salad.

Looking for a hearty main course? Enjoy a Thai beef salad, butternut squash with sage butter and pine nuts or a Mexican vegetable and bean burger.

Want a delicious dessert? An apple, raspberry and almond crumble and a pear tart tatin will satisfy any sweet tooth.

Find these fantastic recipes and more in *SPIRALIZE Now!* Stop wasting time chopping and dicing and get to spiralizing your favorite fruits and veggies instead!

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