



## Florence Nightingale: An Environmental Adaptation Theory (Notes on Nursing Theories)

Louise C. Selanders

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This practical book demonstrates the continuing relevance of Florence Nightingale's theory of nursing. Following a brief biography, the author discusses Nightingale's belief that the patient achieves health by being acted upon by nature in the form of the environment, and that nursing is both an art and a science that puts the patient in the best condition possible for nature to act.



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