



# High Risk Soldier: Trauma and Triumph in the Global War on Terror

*Terron Wharton*

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## **High Risk Soldier: Trauma and Triumph in the Global War on Terror** Terron Wharton

From the streets of Baghdad to the rolling hills of Afghanistan High Risk Soldier is the true story of a soldier who overcame PTSD to continue serving his country. Breaking the silence and fighting the stigma surrounding one of the most sensitive subjects in our military and society, High Risk Soldier is more than just a war story. It explores what PTSD looks like from the inside: how it develops, the emotional impact, and, ultimately how to overcome it. A tour de force, brutally honest and visceral from start to finish, this book exists to provide a simple message of hope: PTSD is NOT the end of your story. You can beat it.

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