



# **Participatory Action Research in Health Care**

Tina Koch, Debbie Kralik

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Participatory Action Research in Healthcare provides a guide to participatory action research in the community health setting. It draws upon the authors' experiences working, researching and engaging with people utilising collaborative, participatory approaches. The authors position participatory action research as a vital, dynamic and relevant approach that can be engaged by practitioners and health service providers. It is argued that participating with people is the way to move forward toward sustainable services that evoke human flourishing. Participatory Action Research in Healthcare explores the key issues surrounding participatory action research, and examines the benefits of this approach for community development and health promotion. It includes detailed guidelines on data generation and analysis.



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