



## **Summary: Susan Cain's Quiet: The Power of Introverts in a World That Can't Stop Talking**

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This is a summary of Susan Cain's *Quiet*, the book that started the Quiet Revolution.

At least one-third of the people we know are introverts. They are the ones who prefer listening to speaking; who innovate and create but dislike self-promotion; who favor working on their own over working in teams. It is to introverts - Rosa Parks, Chopin, Dr. Seuss, Steve Wozniak - that we owe many of the great contributions to society.

In *Quiet*, Susan Cain argues that we dramatically undervalue introverts and shows how much we lose in doing so. She charts the rise of the Extrovert Ideal throughout the 20th century and explores how deeply it has come to permeate our culture. She also introduces us to successful introverts - from a witty, high-octane public speaker who recharges in solitude after his talks to a record-breaking salesman who quietly taps in to the power of questions. Passionately argued, superbly researched, and filled with indelible stories of real people, *Quiet* has the power to permanently change how we see introverts and, equally important, how they see themselves.

This summary is aimed at those who want to capture the gist of the book but don't have the current time to listen to the full book. You get the main summary along with all of the benefits and lessons the actual book has to offer. Ant Hive Media reads every chapter, extracts the understanding, and leaves you with a new perspective and time to spare. We do the work so you can understand the book in minutes, not hours.

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A lot of people always spent their free time to vacation or perhaps go to the outside with them household or their friend. Are you aware? Many a lot of people spent many people free time just watching TV, or perhaps playing video games all day long. If you would like try to find a new activity this is look different you can read some sort of book. It is really fun for you. If you enjoy the book you read you can spent all day every day to reading a reserve. The book Summary: Susan Cain's Quiet: The Power of Introverts in a World That Can't Stop Talking it is rather good to read. There are a lot of people that recommended this book. These people were enjoying reading this book. In the event you did not have enough space to create this book you can buy typically the e-book. You can m0ore easily to read this book through your smart phone. The price is not very costly but this book possesses high quality.

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