

5-Year Happiness Journal: A One Line a Day Questionnaire Journal

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5-Year Happiness Journal: A One Line a Day Questionnaire **Journal**

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Life can be difficult, but that doesn't mean we have to be unhappy. When life has you down and you think you've had enough, there's a place you look to, to lift your spirits and brighten your day – your 5-year Happiness Journal: A One Line a Day Questionnaire Journal. Feed your mind every day with happy thoughts! Inside the pages of this journal, you'll find inspiration for your daily life. With one line a day, you could change your perspective and reignite a passion that's been there all along. The questions are designed to give you pause and take you out of the hamster wheel of life and ground you to what's important, to what really matters in the whole scheme of things. Take back your life and reconnect with what brings you joy! • 5-Year Journal • Question For Every Day • Only The First Two Digits of The Year Are Printed • Includes Over 365 Pages • Journal measures 8.5 by 11 inches • Each Date of The Year Has Multiple Entries on One Page. As You Write in The Journal, You Can See Exactly What You Wrote in Other Years on That Exact Date.



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